

Anonymous Study / Survey on the Abuse with the Drug Liquid Ecstasy (GHB, KO drops)

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Duration of the survey: Basically 1 year, starting on October 1st, 2020. Contributions can and are constantly being supplemented in accordance with current knowledge even beyond the 1-year duration of the survey with the largest possible Appreciation accepted and taken seriously, but can possibly be in a final report that presents the knowledge gained, no longer get integrated. Please be not too strict or disappointed if the English isn't perfect. I hope this will not be a reason for rejection or loss of curiousness.

Who is asked to participate in this survey: **A.)** Above all, the victims of knockout drops / GHB / Liquid Ecstasy are addressed who experienced abuse in its various forms. **B.)** In addition people who had used the drug only for themselves and are able to tell about it in an ethical reflected way invited to contribute. **C.)** Third parties who observed abuse or have access to information about abuse told by others. **D.)** Perpetrators (Women and men) who have reached distance to what they have done, regret it and are able to see it as a mistake and wrong turn.

Focus: The focus is on realistic, qualitative descriptions of experience that provide insight into the internal processes of the affected people connected with the hope that the individual developments of victims and perpetrators become more understandable. Contributions / observations / findings which give information on the general spread/expand of the abuse of knockout drops / liquid ecstasy/GHB are not in the centre of the survey, but are very welcome. The experiences of consumers of the substance who have not experienced any abuse or mean that they have not experienced any abuse done by others, as already mentioned, are relevant for this study and being invited to take part.

This study includes the distinction between different levels and degrees of abuse and gives in the following examples of them:

1: Self-consumption **2a:** Secret admixture of the drug in the drink of one or more persons/individuals with the motive of establishing relationships or contact in this manipulative way. **2b:** Adding the substance for the purpose

of hurt/injury. That means to use consciously the effects of the drug to turn a person into a social situation in which he/she is no longer able to behave in an ethical manner and in accordance with general rules and can no longer take care of herself/his self in the usual way, to construe a situation in which disparagement is intentionally hoped to be a part of what evolves and intervention of surrounding people, paramedics, police and ambulances is provoked. **2c:** Secretly and openly administering of the drug with the intention to manipulate human beings to open them for prostitution and make them available for this. By knowing the impact the substance has, leading them and support the impression in the person that it is their own decision to prostitute themselves. A double abuse of trust and openness in the relationship. **2d.:** The use of the substance by prostitutes towards punters to install dependencies and secure an income (in traditional prostitution and escort service). **2e:** Suspicion of the use of liquid ecstasy by employees in specific bars, specific pubs and specific saunas. **3.:** Secretly giving the drug to somebody and at the same time escalating the situation into verbal, sexual and other bodily violent abuse as long as liquid ecstasy takes the lead for the other person.

The intention of the survey is on one hand to recognize and understand the burden and stress people who were abused experience/d in detail. On the other hand there is a hope that we can learn more about the long-term impact from a personal perspective especially referring to the volume, the manner and the duration of the memory loss which has been proved victims are going through. Important seems also to understand the processes of getting back memories from such situations partly or fully as well as to understand better what was of help in the process of getting the access to these traumatic experiences back. It is of interest furthermore to understand the motivation of offenders the degree of irresponsibility/relentless they showed in their behaviour, to learn about their inner experiencing processes and wrong decision making. Because loss of remembrance plays a central role in these incidents/ experiences and active remembering processes can go on for years or decades the study is open in principle as already said for a 1 year and is furthermore open beyond this time for reception of amendments for contributions. Raising awareness in places where substance abuse has taken place about the theme and the danger which evolves for the hurt person out of it is a goal of this survey. And last but not least remember abusive persons that prison will hold a place for them sooner or later if they will not change.

The attitudinal base of this study is a general trust in the possibility of development, learning and growth of every human being and that the probability for growth is more given when certain and sufficient conditions in a relationship exists.

The same basic trust exist in respect of groups and organizations people are join/joined in together.

Introductory to the questionnaire:

Since there are different salutation preferences (in the German language) for different people, the following questions will be formulated with the salutation "you" ("Sie") and "you" ("Du"). So everyone can feel addressed by the expression that is closest to him / her.

The answers do not necessarily have to be based on the questions asked. It is sufficient that there is a reference to the topic that develops in response to the questions. Your inner process and what you want to express right now has the bigger meaning.

A snapshot of the actual questions first.

Do you feel good at the moment in which you start to answer the questionnaire or rather to deal with the questionnaire?

Is it welcome for you to be able to express yourself on the topic or is an inner hurdle of greater or lesser importance to be overcome?

Do you feel strong enough to deal with the feelings and insecurities that may be touched in you by this topic?

What self-care options do you have that you can withdraw to at any moment of your efforts?

Questions about the abuse of Liquid Ecstasy, also known as GHB/GBL or knockout drops, and about substances that may have a similar effect to people who have been victims of such attacks

Do you already have a specific idea of the abuse / a specific reminder about the abuse?

Do you experience a diffuse or already secure feeling of personal concern? Affliction related to the fact that this topic could be linked to your own life experiences in a more or less pronounced way?

Do you feel able to give an accurate description of the substance abuse situation from an internal and external perspective?

Have any verbal or physical attacks been carried out or has sexual abuse taken place in addition to the secret administration of the substance mentioned? Were you assigned tasks or attitudes suggested under the influence of the drug? Have you escaped death barely or just by accident?

Are you still in the process of becoming aware of situations of abuse other than those already known and integrating these experiences into your image of yourself? Do you think it is in principle possible that you have had experiences of such substance abuse that are currently still far from being accessible to your consciousness?

Are you still in contact with the person(s) responsible for the abuse you have experienced? Is there a shared knowledge between victim and perpetrator about this abuse?

Do you feel able to describe how the process of becoming aware of these abuse events or the abuse event developed? What feelings and moods did you experience? Which periods of time are relevant here? Are you willing to share this description here? May I ask you to provide this description here?

What long-term effects do you see in your life connected with this experienced substance abuse and with possibly associated experiences of violence?

Can you say something about it or do you feel able to say something about the extent, the manner and the duration of the memory loss that you have experienced?

Which factors / circumstances triggered or facilitated the recall?

To what extent were helpful people or helpful information about the media of importance to you in this process?

Was a solo approach to these memories temporarily important or necessary?

Were you able to communicate about the abuse you experienced to another person and did this person believe what you said?

What influence did other people have on you who have spoken out or unspoken doubted your descriptions, when you have had the courage to speak about these vague notions or experiences?

What degree of loss of trust in other people did you go through?

How long did it take to deal with it satisfactorily?

What has helped you in this process of regaining trust?

What has renewed you, made you strong?

Have you experienced / suffered knockout drop abuse often or very often and conducted by different people? If so, have you ever wondered to what extent these experiences could have triggered physically founded addictions to the substance or addictions/helplessness of psychological Manner in abusing relationships?

Questions to observing third parties

Have you ever been told by other people that they have the suspicion or secured evidence that abuse had taken place, that they were victim of abuse?

If so, what would you like to say about it?

Have you ever observed that someone has poured something into another person's glass and that as a result, the behaviour of the person approached changed after a while, became less controlled or became almost incapable of action?

Or have you ever observed a person whose external behaviour and internal constitution suggests knockout drop abuse in the given situation or in later thinking about the situation as possible? Would you like to share your experience here?

Questions to self-consumers

Are you aware of the dangers of the substance for your own health?

What consequences of your abuse can you describe in your life/in yourself?

Have you lived through life-threatening situations or faced them with others?

Are you sure that you yourself have not experienced abuse by others?

Did you abuse other people in addition to self-consumption when you had access to the drug?

Questions to the perpetrators who carried out knockout drop abuse

How did you first come into contact with the substance?

Were you a victim of substance abuse before you became a perpetrator?

What knowledge of Liquid Ecstasy abuse are you willing to share?

How did you get this substance, where did you get this substance from?

Have you passed the substance on to other people? If so, to how many?

How many people have you encouraged to substance use and / or substance abuse?

What role did sexual greed, hatred and / or indifference to the integrity of others play in your actions?

Did you use knockout drops to sexually assault others?

Has the other person(s) ever had a chance to become aware of this?

Have you developed an understanding of the long-term effects of liquid ecstasy in addition to the idea of the immediate effect of the substance? Would you admit a "yes" to yourself?

From what point in time of the abuse/your abuse history did you gain an understanding of it?

Is there a moment that you can describe as the moment in which something like conscience has started to develop in you?

When did a reversal begin in self-awareness and behaviour?

After being discovered?

How did you become aware of the life-threatening effects of higher doses? Has this realization ever occurred? Did concern play a role or was it more satisfaction and powerful self-overestimation?

Were there moments in which you consciously and approvingly accepted the death of another person?

Which inner processes are related to your direct use of violence against the abused person?

In retrospect, what would have made ethical action possible?

What has helped you change?

What degree of brutality did you use and overcome?

How did you legitimize your actions in a form of self-deception?

Do you feel a deeper regret that you have made wrong decisions that had seriously damaged other people at a certain time in your life?

- Title/article:** Coma induced by hydroxybutyrate (GBH or liquid ecstasy): a case report
Gareth Thomas, Stephan Bonner, Alastair Gascoigne,
Intensive Care Unit, Royal Victoria, infirmary, Newcastle upon Tyne,
NE14LP, BMJ 1997, 314:35-6, access through google scholar.
- Title/article:** Drug facilitated rape: Looking for the missing pieces
By Nora Fitzgerald and K. Jack Riley
National Institute of Justice Journal, April 2020
- Title/article:** Poisoning by Liquid Ecstasy (GHB) in hospital emergency departments of
Barcelona: a 2 years study
Galicía M1, Nogué S, To-Figueras J, Echarte JL, Iglesias ML, Miró O,
Medicina Clinica, 01. Mar 2008, 130(7):254-258
DOI: 10.1157/13116549 PMID: 18355425
- Title/article:** Liquid ecstasy: a new kid on the dance floor
J. Rodgers (a1), E. Gilvarry (a2) and A. H. Young (a1)
DOI: <https://doi.org/10.1192/bjp.184.2.104> published online by Cambridge
University Press: 02 January 2018
- Title/article:** Ecstasy and Neurodegeneration. Gamma-Hydroxybutyrate is a new recreational
drug that may lead to loss of consciousness.
J. M. Stell and J. M. Ryan
- You tube videos:** 1.: "Meine schlimmste Nacht", Silvi Carlsson
- 2.: Gallileo, Selbstexperiment KO-Tropfen. Was passiert und wie kann man sich
schützen? - ProSieben
- 3.: GHB Falle, ZDF Teil 2, zerstörte Seelen, wmv
- 4.: GHB Falle, ZDF Teil 1 von 2, wmv
- 5.: Der ganz legale Wahnsinn, Vergewaltigungsdroge KO-Tropfen. Der Spiegel.
- 6.: GBL: Gefahr durch Droge aus Reinigungsmitteln, WDR, aktuelle Stunde.
- 7.: Polizeikontrolle - liquid ecstasy you tube. Das Video ist mit Vorsicht zu
betrachten. Offensichtlich sollte es zur Belustigung der Person dienen, die das
Video ins Internet gestellt hat.
- 8.: 14-jährige stirbt wegen Liquid Ecstasy – Haftstrafe für Täter.
- 9.: More than 12 million dollars worth of liquid ecstasy has been seized by police.