

# Carl Rogers: Questions Facilitators Might Ask Of Themselves...

In his article 'Some Implications Of Client-Centred Counselling For College Personnel Work' (In Educational and Psychological Measurement, 1948, Volume 8, pages 540-549), Carl Rogers posed seven questions he asked of himself with regard to trainee-centred group facilitation.

We might like to ask these (and other) questions of ourselves...

1. Do I trust the capacities of the group, and of the individuals in the group, to meet the problems with which we are faced, or do I basically trust only myself?

2. Do I free the group for creative discussion by being willing to understand, accept and respect all attitudes, or do I find myself trying subtly to manipulate group discussion so that it comes out my way?

3. Do I, as leader, participate by honest expression of my own attitudes but without trying to control the attitudes of others?

4. Do I rely upon basic attitudes for motivation, or do I think surface procedures motivate behavior?

5. Am I willing to be responsible for those aspects of action which the group has delegated to me?

6. Do I trust the individual to do his job?

7. When tensions occur, do I try to make it possible for them to be brought out into the open?

Steve Vincent  
September 1999